



Vidya Academy of Science and Technology
Department of Physical Education
Consolidated Report AY 2023-24

The department of Physical Education hereby present consolidated report on department events and laurels brought by our youngsters to the organization in the All India/South India Inter University and APJAKTU/Intercollegiate competitions for the academic year 2023-24.

All India/South India Inter University Participation

Sl. No	Name Branch & Sem	Event	Level	Venue & Date
1	Diya A J	Tug of War	South India	Jeppiaar University, Chennai 3 rd to 5 th May 2024
2	Sandra Rose Joseph			
3	Ayoob A Zainudheen	Kho Kho	South India	University of Calicut 26 th - 30 th December 2023
4	Antony Anand Moyian			
5	Albin Lazar			
6	Aswin Jayathilakan			
7	Alex Sabu			
8	Nanda Kishore A			
9	Ima T S	Yoga	South India	Anna University, Chennai 1 st - 5 th December 2023
10	Aruna R Menon			
11	Joel Jose			
12	Aswin Mohan			
13	Gagan Udyuth			
14	Krishnadev N			
15	Roshan P S	Football	South India	SRM Institute of Science & Technology, Tamilnadu 25 th - 30 th December 2023
16	Adarsh K P	Kabaddi	South India	JNTU, Kakkinada 16 th - 20 th November 2023
17	Krishnasree U P	Kabaddi	South India	Alagappa University, Karaikudi

APJAKTU Inter Collegiate Achievements

Sl.No	Event	Category	Position	Venue
1	Kho Kho	Men	Winner	Govt. College of Engineering, Palakkad
2	Yoga	Men	Winner	Rajagiri Institute of Science & Technology, Kakkanad
3	Yoga	Women	Runner Up	Rajagiri Institute of Science & Technology, Kakkanad
4	Tug of War	Women	Third	KMEA, Edathala
5	Amal Krishna K M-	Below 75	Silver	MA College, Kothamangalam



	Karate			
6	Augustin Lazer K - Karate	Below 84	Bronze	MA College, Kothamangalam

APJ AKTU 6th Inter Collegiate Athletic Meet

Sl No	Name	Event	Position
Men			
		1500 M	Gold with Meet Record
1	Abin Babu	800 M	Gold with Meet Record
2	Abin Babu	Tripple Jump	Gold
3	Nikhil P H	4 X 400 m Relay	Gold with Meet Record
4	Abin Babu	4 X 400 m Relay	Gold with Meet Record
5	Pavin Krishna	4 X 400 m Relay	Gold with Meet Record
6	Anudev N S	4 X 400 m Relay	Gold with Meet Record
7	Nishal Mohammed N	4 X 400 m Relay	Gold with Meet Record
8	Kavya P D	100 Mtr Hurdles	Gold with Meet Record
9	Kavya P D	400 Mtr Hurdles	Gold with Meet Record
10	Abin Babu	4 X 400 m Mixed Relay	Gold with Meet Record
11	Nishal Mohammed	4 X 400 m Mixed Relay	Gold with Meet Record
12	Kavya P D	4 X 400 m Mixed Relay	Gold with Meet Record
13	Krishnasree U P	4 X 400 m Mixed Relay	Gold with Meet Record
14	Partheev Prajhnna	110 M Hurdles	Third
15	Nishal Mohammed	400 M	Third
16	Krishnasree U P	400 m	Third
17	Kavya P D	400 m Relay	Third
18	Krishnasree U P	400 m Relay	Third
19	Ima T S	400 m Relay	Third
20	Gayathri P A	400 m Relay	Third
21	Pavin Krishna K S	400 m Hurdles	Fourth
22	Saniya E	5000 m Walk	Fourth
23	Krishnasree U P	Triple Jump	Fourth

SLNo	Over All Category	Position
1	Men Championship	Runner Up
2	Women Championship	Third
3	Overall Championship	Runner Up
4	March Past	First

APJAKTU E Zone Inter Collegiate Team Achievements

Sl. No	Name	Position	Event, Venue & Date
APJ AKTU E Zone			
1	Table Tennis Men	Third	NSS Engineering College, Palakkad
2	Kabaddi Women	Third	VAST
3	Badminton Men	First	NSS Engineering College, Palakkad
4	Kho Kho Men	First	GCE, Palakkad
5	Kho Kho Women	Third	

6	Chess Men	Fourth	Nehru College of Engg & Research Centre, Pampady 9 th December 2022
7	Cricket Men	Fourth	NSS Engg College, Palakkad 6 th - 9 th January 2023
APJAKTU Inter Zone- Participation			
1	Badminton Men	Participation	NSS Engg College, Palakkad
2	Tug of War Men	Participation	KMEA, Edathala
APJAKTU E Zone- Participation			
1	Basketball Men	Participation	ICCS, Mupliyam
2	Kabaddi Men	Participation	VAST, ICR
3	Badminton Women	Participation	NSS Engg College, Palakkad
4	Football Men	Participation	NSS Engg College, Palakkad
5	Chess Men	Participation	JCET, Lakkidi
6	Volleyball Men	Participation	GCE, Palakkad

Teams

Men	Women
12 teams	8 teams

Team / Individual Achievements

7 Team achievements
2 Individual Achievements
17 University representations

Events Organized

SLNo	Event	Level
1	Kabaddi Men	E Zone
2	Kabaddi Women	E Zone
3	Kabaddi Men	Inter Zone
4	Kabaddi Women	Inter Zone
5	Football Camp (One month)	Sports Outreach summer camp for school students
6	Annual Athletic Meet	450 students participated
7	Health Vouge- Yoga Demonstartion Programme	Kailasanadha Vidyanikethan, Mannuthy
8	A talk on preventaion of Sports Injuries	Chenthrapinny H S S


 K V Ramesh 24/6/24
 Asso.Prof.Phy.Edn

