



Vidya Academy of Science and Technology
Department of Physical Education
Consolidated Report AY 2022-23

The department of Physical Education hereby present consolidated report on department events and laurels brought by our youngsters to the organization in the All India/South India Inter University and APJAKTU/Intercollegiate competitions for the academic year 2022-23.

All India/South India Inter University Representation

Sl. No	Name Branch & Sem	Event	Level	Venue & Date
1	Ashna Merlin	Tug of War	All India	AMITY University, Chennai- February 2023
2	Angel Shaju			
3	Anupama Vinod			
4	Johan T Deepak	Shooting	All India	Subharathi University, Meerut- 9 th – 15 th April 2022
5	Adarsh K P	Kabaddi	South India	Bangalore University, Bangalore – Nov 30 th – Dec 4 th 2022
6	Joel Joseph			
7	Abhijith E			AMET University, Chennai Dec 21 st -24 th 2022
8	Ima T S			
9	Vaishak O	Football	South India	University of Calicut, Thenjipalam 23 rd – 30 th December 2022
10	Roshan P S			
11	Abhishek Sathian	Table Tennis	South India	Bangalore University, Bangalore – January 02 nd – 5 th 2023
12	Ayoob A Zainudheen	Kho Kho	South India	JNTU, Kakknada January 8-12 th 2023
13	Alex Sabu			Alliance University, Bangalore January 23-26, 2023
14	Niyatha Santhosh			
15	Adarsh K P	Cricket	South India	Reva University, Bangalore February 24 th – March 1 st 2023



APJ Abdul Kalam Technological University Team members

APJ AKTU 5th Inter Collegiate Athletic Meet

Sl. No	Name	Event	Position
Men			
1	Abin Babu	1500 M	Gold with Meet Record
2	Abin Babu	800 M	Gold
3	Firoz Manjith	110 M Hurdles	Silver
4	Suhshad I K	400 M Hurdles	Silver
5	Abin Babu	4 X 400 m Relay	Silver
6	Joel Joseph	4 X 400 m Relay	Silver
7	Anudev N S	4 X 400 m Relay	Silver
8	Vinay M V	4 X 400 m Relay	Silver
9	Suhshad I K	10000 M Walk	Bronze
10	Adarsh K P	Long Jump	Bronze
11	Akshay Kumar	10000 M Walk	Fourth
12	Nikhil P H	Long Jump	Fourth
13	Nishal Mohammed	4 X 100 M Relay	Fourth
14	Dheeraj R	4 X 100 M Relay	Fourth
15	Nikhil P H	4 X 100 M Relay	Fourth
16	Abhiram Prakash	4 X 100 M Relay	Fourth
Women			
1	Kavya P D	100 Mtr Hurdles	Gold with Meet Record
2	Vishnu Preema	800 mtr	Gold
3	Vishnu Preema	1500 mtr	Silver
4	Kavya P D	High Jump	Bronze
5	Gayathri P A	4 X 400 M Relay	Bronze
6	Ima T S	4 X 400 M Relay	Bronze
7	Ashna Merlin	4 X 400 M Relay	Bronze

8	Vishnu Preema	4 X 400 M Relay	Bronze
Mixed Category			
1	Abin Babu	4 X 400 M Relay	Bronze
2	Vinay M V	4 X 400 M Relay	Bronze
3	Ashna Merlin	4 X 400 M Relay	Bronze
4	Vishnu Preema	4 X 400 M Relay	Bronze

Sl.No	Over All Category	Position
1	Men Championship	Third
2	Women Championship	Third
3	Overall Championship	Third
4	March Past	First

APJAKTU Inter Collegiate Games Individual/ Team Achievements

Sl. No	Name	Position	Event, Venue & Date
APJAKTU Inter Zone			
1	Kabaddi Men	First	KMEA Engineering College, Edathala on 11 th & 12 th November 2022
2	Kabaddi Women	Fourth	
3	Tug of War Women	Second	GEC, TCR 6 th January 2023
4	Kho Kho Men	Third	CET, Trivandrum 3 rd & 4 th December 2022
5	Kho Kho Women	Fourth	
APJ AKTU E Zone			
1	Table Tennis Men	Second	NSS Engineering College, Palakkad 29 th Oct 2022
2	Kabaddi Men	First	NSS Engineering College, Palakkad 30 th Oct 2022
3	Kabaddi Women	Second	NSS Engineering College, Palakkad 30 th Oct 2022
4	Badminton Men	Second	NSS Engineering College, Palakkad 4 th & 5 th Nov 2022
5	Volleyball Men	Third	Sreepathy Institute of Management & Technology 10 th & 11 th Nov 2022
6	Kho Kho Men	First	GEC, TCR 29 th & 30 th November 2022
7	Kho Kho Women	Second	
8	Tug of war Women	Second	Royal College of Engg & Tech 23 rd December 2022
9	Chess Men	Third	Nehru College of Engg & Research Centre, Pampady 9 th December 2022
10	Football Men	Fourth	Sahrdaya College of Engg & Tech, Kodakara 26 th – 30 th November 2022
11	Cricket Men	Fourth	NSS Engg College, Palakkad 6 th – 9 th January 2023
APJAKTU Inter Zone Participation			
1	Karatte Men	Participation	MA College, Kothamangalam
2	Badminton Men	Participation	MITs, Ernakulam
3	Table Tennis	Participation	FISAT, Angamaly
4	Netball	Participation	MBCET, Trivandrum
APJAKTU E Zone- Participation			
1	Basketball Men	Participation	Jyothi Engg College, Cheruthuruthy
2	Badminton Women	Participation	NSS Engg College, Palakkad
3	Tug of War Men	Participation	Royal College of Engg & Tech, Akkikavu



VAST KABADDI TEAM MEN

APJ AKTU Inter Collegiate Kabaddi Championship- First



VAST KABADDI TEAM WOMEN

APJ AKTU Inter Collegiate Kabaddi Championship- Fourth



Inter-zone Kho Kho Men's 2 Runner-up



Inter-Zone Kho kho women's 3rd Runner-up



VAST TUG OF WAR TEAM WOMEN

APJ AKTU Inter Collegiate Tug of War Championship- Runner Up



**APJ AKTU E Zone Inter Collegiate Kabaddi Championship
Men Winner and Women Runner Up**



APJ AKTU E Zone Badminton Championship – Runner Up



VAST TABLE TENNIS TEAM MEN

APJ AKTU E Zone Table Tennis Championship- Runner Up



APJ AKTU E Zone Kho Kho Championship- Winner



APJ AKTU E Zone Kho Kho Championship- Runner Up



APJ AKTU E Zone Tug of War Championship- Runner Up



APJ AKTU E Zone Volleyball Championship – 2nd Runner Up



APJ AKTU E Zone Cricket Championship – 3rd Runner Up



VAST FOOTBALL TEAM MEN

APJ AKTU E Zone Football Championship – 3rd Runner Up



VAST MEN CHESS TEAM

APJ AKTU E Zone Chess Championship – Third

APJ Abdul Kalam Technological University 5th Athletic Meet



Abin Babu
1500 M Gold with University Meet Record (04:33:28 Min)
800 M Gold



Vishnu Preema 800 M Gold and 1500 M Silver



Kavya P D 100 M Hurdles Gold with New Meet Record (21.57 Sec)



Firoz Manjith 110 M Hurdles Silver



Suhshad I K 400 M Hurdles Silver



Kavya P D High Jump Bronze



Suhshad I K 10000 M Walk Bronze



Akshay Kumar 10000 M Walk Fourth



Adarsh K P Long Jump Bronze



Nikhil P H Long Jump -Fourth



4 X 400 M Relay Bronze



4 X 400 M Relay Bronze



4 X 400 M Mixed Relay Bronze



March Past- First



**Men Team Championship- Third
Women Team Championship- Third
Overall Championship- Third**

Athletes in a photo session with APJAKTU Vice Chancellor Dr.Saji Gopinath, Syndicate Members and officials.

16th College Annual Athletic Meet Results

Event	Name	Department
100 M Men	Dheeraj R	CSE
	Abhiram Prakash	EEE
	Mebin Sam	CSE
100 M Women	Jincy P J	ECE
	Gayathri Satheeshkumar	CSE
	Aleena C J	CE
200 M Men	Nishal Mohammed M	ECE
	Abhiram Prakash	EEE
	Christo Davis N	CE
200 M Women	Jincy P J	ECE
	Ima T S	CSE
	Nikhila T P	CE
400 M Men	Vinay M V	EEE
	Anudev	ME
	Nishal Mohammed M	ECE
400 M Women	Pooja K S	CE
	Ima T S	CSE
	Ameesha M R	CE
800 M Men	Abin Babu	EEE
	Joel Joseph	CE
	Amal Krishna P	ECE
800 M Women	Vishnu Preema	ECE
	Sreeranjini Sreekumar	CE
	Arundhathi C	ECE
1500 M Men	Abin Babu	EEE
	Jithu Sunil Kumar	CE
	Joel Joseph	CE
1500 M Women	Vishnu Preema	ECE
	Sreeranjini Sreekumar	CE
	Ashna Merlin	EEE
	Krishna P P	ECE

High Jump Men	Lohith Manakkalath S	CE
	M Safeer Noushad	CSE
High Jump Women	Kavya P D	ECE
	Aruna R Menon	CSE
	Anjali V V	CE
Shot Put Men	Adarsh KP	CE
	Alan Joy	ME
	Fayiz Muhammed K	CE
Shot Put Women	Lekha B S	CE
	Ashwiny Menon	ECE
	Sreenandhana C S	CSE
Javelin Throw Men	Adarsh KP	CE
	Vishnu P R	CSE
	Prejith C P	CE
Javelin Throw Women	Anupama Vinod	CSE
	Fida Nazrin	CE
	Gayathri K S	ECE
Discus Throw Men	Abijith E	CSE
	Alan Joy	ME
	Alfred Sajan	ECE
Discus Throw Women	Susan P Babu	CSE
	Arya P Prakash	CE
	Uthara P Warriar	CE
4 x 100 M Relay Men	Firoz Manjith	First ME
	Parthiv Prajanan	
	Athul Krishna C S	
	Christo C Paul	
	Alan Antony	Second EEE
	Manu Mohan	
	Akhil K Henry	
	Abhiram Prakash	
	Somjish	Third CE
	Albin Lazar	
	Nishanth	
	Adarsh K P	
4 x 100 M Relay Women	Jincy P J	First ECE
	Nikhitha P	
	Nishitha P	
	Kavya P D	
	Namitha P Menon	Second CSE
	Angel Joy	
	Gaythri Satishkumar	
	Aruna R Menon	
	Nikhila T P	Third CE
	Sneha	
	Swetha	
	Karthi Krishna	
4 x 400 M Relay Men	Christo	First CE
	Jithu SunilKumar	
	Joel Joseph	
	Suhshad I K	
	Jomon K J	Second EEE
	Nikhil P H	
	Vinay M V	
	Abin Babu	
	Diljith E D	Third ME
	Athul K R	
	Roshan P S	
	Anudev N S	

4 x 400 M Relay Women	Anjali V V	First CE
	Aleena	
	Sreeranjini	
	Pooja K S	
	Grace Antony	Second ECE
	Gayathri P A	
	Vishnu Preema	
	Arundhathi C	
	Gopika Babu	Third CSE
	Ima T S	
	Aswathy C B	
	Anupama Vinod	



Principal receiving the Athletes Salute during March Past



Adarsh K P lighting the 'Meet Lamp'



Vishnu Preema - Individual Champion (Women) Receiving Trophy



Jincy P J – Individual Champion (Women) Receiving Trophy



Adarsh K P- Individual Champion(Men)



Abin Babu- Individual Champion(Men)



Women Championship- Electronics & Communication Department



Men Championship- Civil Engineering Department

K V Ramesh
Aso.Prof.Phy.Edn